

Resolve

We're here.
Let's talk.

Credit & Financial Counselling Services
Services-conseils en finances et crédit



United Way
Kingston, Frontenac,
Lennox and Addington



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Land Acknowledgement

Kingston

- ▶ I/we would like to acknowledge that we are on the traditional homeland of the Anishinaabe, Haudenosaunee and the Huron-Wendat. We acknowledge our shared obligation to respect, honour, and sustain these lands and the natural resources contained within.

Ottawa Area

- ▶ Ottawa is built on un-ceded Algonquin Anishinabe territory. I/We would like to honour all First Nations, Inuit and Métis peoples and their valuable past and present contributions to this land.

Who we are


Resolve Counselling Services Canada is a charitable, non-profit United Way member agency, which was established in 1968. We provide a number of professional counselling programs throughout Eastern Ontario, and Quebec

- Credit & Financial Counselling
- Individual & Family Counselling
- Women's Counselling
- Youth Counselling
- Adult Protective Services
- Employment Counselling Services
- Consulting and Education Services
- www.resolvecounselling.org

Women's Financial Empowerment Program

Thanks to the Community Investments grant from the United Way, and the city of Kingston, Resolve Counselling Services Canada is happy to offer our Women's Financial Empowerment Program.

Goal: To Support financial empowerment for women who have experienced gender-based violence.

Resolve is a inclusive organization and encourages anyone who identifies as a female to access our program 

One on One Financial & Credit Counselling

- ▶ Set a safe financial plan, and manage income interruptions
- ▶ Discuss Financial Fears and how to overcome them
- ▶ Understand your relationship and values around money
- ▶ Establish credit
- ▶ Resolve high interest debt
- ▶ Understand your rights on joint debt
- ▶ Plan for your children's financial future
- ▶ Understand how to access all applicable government grants

We Can Help!
Appointments are FREE
and CONFIDENTIAL

www.resolvecounselling.org

1-800-379-5556



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